

**AYP
Chapter 15**

Chapter 15 Chronicle

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Will You Be There??...

Save the date and make sure you register to attend the AYP Chapter 15 Winter meeting! The meeting is scheduled for Wednesday, December 9, 2009 at the Sewickley Valley YMCA and will begin at 9:30 a.m.

This year's Winter meeting will consist of a series of roundtable discussions featuring the following topics:

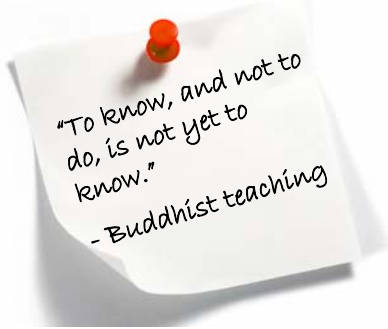
- Child Care
- Camp
- Member Services
- Programs
- Fundraising

There's sure to be information shared for everyone that you will be able to take back to your YMCA. All discussions will allow everyone in attendance to

share their ideas in a fun and relaxed environment.

The best part? The Chapter 15 board will be monitoring each discussion so that if you don't get to make it to every discussion or you can't take notes, you'll be able to receive all the great discussion topics and ideas that were brought up in a compiled document that will be sent to all members.

Another highlight of the meeting is the always fun annual Chapter 15 EAF auction. This year, to be respectful of our members' time, we have streamlined the auction process. **DON'T FORGET TO BRING ITEMS AND GIFT BASKETS FOR THE AUCTION!!** All proceeds from the auction go to AYP's Emergency Assistance Fund, which provides financial aid to



active and retired YMCA professionals in times of need.

Be on the look out for information about the upcoming meeting. It's sure to be an educational and fun day with lots of networking opportunities with other YMCA professionals.

We hope to see you there!



Don't Forget! -

- **Don't miss the next Chapter meeting scheduled for December 9 at the Sewickley Valley YMCA!**
- **Don't Miss the 1st Mid-East Regional Conference in Hershey, PA on April 28-30, 2010!**
- **It's not too late to make your 2009 EAF donation if you haven't done so already!**
- **Don't hesitate to contact any member of Chapter leadership with your input and ideas!**

Chapter 15 Puzzler!

K F H B O N P R O F E S S I O N A L S T M Y R L Y V Q J N C
 A I N A V L Y S N N E P N F C F E C E E C E D M M T I B O H
 Y T I L I B I S N O P S E R A A W T E R T E C O X I U T I P
 K U S C B Z D P F Z S O G F H F R T W P J A P V B V V F S R
 J W R U R L Z I F Q Y K H Q T Z I I A O U T U S C J R H S O
 V L O F Q S F R J A G P E S T N N H N Q R Y T S E N O H I G
 F I F T E E N I B C O F J B G H C O Z G L K T X H R A B M R
 A S S O C I A T I O N A W S O O K L B U Q G I H C Z P M H A
 J T K D N I M P L V Q W Z K C Y R W S O S J N N C E U Z Y M
 K G I T N L N K K S C R V X O S V X U H I Z Z O G B Z L D S

- | | |
|-------------|----------------|
| Association | Mission |
| Body | Networking |
| Caring | Pennsylvania |
| Chapter | Professionals |
| Fifteen | Programs |
| Honesty | Respect |
| Meetings | Responsibility |
| Mind | |

From “Mailbox-Member” to “Involved Member”

Submitted by: Kelli McIntyre

YMCA of Greater Pittsburgh

Hey AYP Members! Take your development in your professional and personal lives to heart. Read *The Heart of Change* by John P. Kotter. This book contains real-life stories of how people change their organizations...not because they are smart and focused, but because they look at how emotions and feelings are influenced by what they do.

I know all you “mailbox members” are so smart already; after all, you have the membership, you donate to EAF, and you get the magazines (and read them all!), but what about considering what really drives you to work for your Y? What feelings are attached to that? Why do you do the hard work and the long hours?

Going from “mailbox member” to “involved member” in AYP parallels having a “job at the Y” to having a “career with the Y.” So, we’re asking

you all to get involved for yourself. Make the change now!

Consider the chapter titles in this incredible book:

- **Increase Urgency**...we must do something about problems & opportunities
- **Build the Guiding Team**...help people to behave with trust and commitment to each other
- **Get the Vision Right**...develop bold strategies for making bold visions a reality
- **Communicate for Buy-In**...overcome confusion and distrust
- **Empower Action**...remove barriers and obstacles to help people



behave differently

- **Create Short-Term Wins**... build momentum about issues people care deeply about
- **Don’t Let Up**...don’t allow the urgency to sag and don’t duck the difficult tasks
- **Make Change Stick**...ensure people continue to act in new ways

In our tough Y work, we do this stuff all the time. What about you personally? It’s time for all of us to give up whatever complacent situations we see ourselves falling into. It’s time to make a change in ourselves; maybe at work, perhaps at home, even with our AYP involvement. We’re urging you to consider taking your change to heart. Get involved!

Did You Remember EAF This Year???

There is little more than a month left to get in your 2009 donation to the Emergency Assistance Fund (EAF).

The Emergency Assistance fund (EAF) stands ready to provide its members with financial aid when an accident, illness, death of a loved one, disaster, or other crisis strikes.

We are only 8 donations away from making our goal of 50% of Chapter 15 membership making their individual donation that supports our YMCA colleagues directly.

Not only does donating help those in need, but our Chapter can benefit by earning a monetary bonus for meeting our goal. This bonus would then be used to help our Chapter hold more meetings or activities, bring in speakers, or help cover meeting/activity expenses. So, as you can see, we can help our YMCA colleagues and our AYP Chapter at the same time!

Donating is easy and just takes a

couple of minutes! You can donate online by going to www.aypymca.org and clicking on the EAF tab at the top of the screen. You can also donate by printing out a hard-copy pledge card and mailing it in.

Remember, a small donation counts and matters much more than no donation at all.

Please remember and keep in mind: If you attend the annual Chapter EAF auction (at the December Chapter meeting) and participate, that IS NOT supposed to count towards your annual pledge. The auction is a fun activity and is to serve as an added donation from our Chapter overall to the EAF fund.

If you haven’t done so already, please make your EAF donation today.

For more information or if you have any questions, you can go to the AYP website or contact our Chapter

EAF Chairperson, Suzanne Zanella at szanella@ymcapgh.org.



“We make a living by what we get; we make a life by what we give.”
- Sir Winston Churchill

Chapter 15 Leadership

President—Mike Harich, Beaver County YMCA
2nd Vice President—Vickie Kolakowski, Valley Points Family YMCA
Treasurer—Ginny Hammer, Butler Co. Family YMCA
Secretary—Corinne Coulson, Butler Co. Family YMCA
EAF Chair—Suzanne Zanella, YMCA of Greater Pittsburgh
Membership Chair—Kelli McIntyre, YMCA of Greater Pittsburgh
Recognition Chair—Mike Johnson, Butler Co. Family YMCA
Leadership Development Chair—Sandy Vukich, Beaver County YMCA
Members at Large—Adriane Brandenburg-Stoner, Sewickley Valley YMCA
Amy Brennan, Butler Co. Family YMCA
Heather Hillegass, Greensburg YMCA
Renee Sannan, Beaver County YMCA
Larry Stormer, YMCA of Greater Pittsburgh

AYP is on the Web!
www.aappymca.org



The Association of YMCA Professionals is a professional society for YMCA staff members in the United States. In existence since 1871, AYP's mission is to advance the YMCA profession by connecting and supporting AYP members, encouraging life-long learning, enhancing personal and career development, advocating on issues of concern to AYP members, promoting high ethical standards and Christian values, recognizing individual achievement and excellence.

Chapter 15, your local AYP chapter, is part of AYP's Mideast Region in the United States. This chapter consists of YMCA professionals in the Western Pennsylvania region.

**HAVE A STORY IDEA,
SUBMISSION OR WANT TO TELL
US WHAT YOU THINK?**

**EMAIL:
CCOULSON@BCFYMCA.ORG**



Last Page Inspiration...

Words to Love By by Mother Theresa

I never look at the masses as my responsibility; I look at the individual.

I can only love one person at a time.

I can only feed one person at a time.

Just one, one, one.

So you begin...I begin.

I picked up one person. Maybe if I didn't pick up that one person, I

wouldn't have picked up 42,000.

The whole work is only a drop in the ocean.

But if I didn't put the drop in, the ocean would be one drop less.

Same thing for you.

Same thing in your family.

Same thing in your business.

Wherever you go, just begin...one, one, one.

**Find more inspiration
at
www.ymcamission.org**

As we enter into the holiday season, let us all remember that we make a difference, especially in our professional lives at our YMCA. No matter your position, you help others (members, co-workers, volunteers, etc.). Let us all be thankful—always—for the YMCA and its mission, our family, friends and each other.